#### **EXPERIMENT MANUAL**

## STEPPING INTO SCIENCE KIT

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#### >>> IMPORTANT INFORMATION

WARNINGS. Not suitable for children under 3 years. Choking hazard — small parts may be swallowed or inhaled. Strangulation hazard — long cords may become wrapped around the neck.

Store the experiment kit out of reach of young children.

Keep the packaging and instructions as they contain important information.



#### **Rules for Safe Experimentation**

- »» Supervising adults should exercise discretion as to which experiments are suitable and safe for the child or children.
- Supervising adults should discuss the warnings and safety information with the child or children before commencing the experiments.
- » Keep young children and animals away from the experimental area.
- » Do not throw the airplanes toward anyway. Do not aim at eyes or face.
- » Never inadvertently leave the magnifying glass in the sun — it could start a fire!
- » Do not eat or drink in the experimental area.
- » After the experiments, the used pieces of equipment should be rinsed, dried with paper towel, and put back in their spots in the experiment kit. The worktable should be wiped off and hands should be washed.

#### >>> IMPORTANT INFORMATION

#### Dear Parents,

Children are curious and hungry for knowledge. They want to discover the world and understand their environment. With this kit, children five years and older can conduct their first exciting experiments. The experiments are playful and full of surprises to make learning fun.

Children will develop an understanding of simple scientific principles and discover the fun of experimental research. In addition, some of the experiments can be staged as small presentations. It is great fun for children to show off an achievement and receive applause. Such experiences of success will reinforce their self-confidence.

The experiments are simple, but cannot be done totally without adult assistance. Therefore, support the little explorers, because their thirst for and ability to absorb knowledge are often better developed than their manual skills. If something does not immediately succeed, encourage your child to repeat the experiment one more time.

When experiments are marked with this



symbol, it is to indicate that your help is required for a successful outcome. Together with your child find a well-illuminated and clean place where you can experiment without being disturbed, and that can stand getting a little messy and wet. Just like real experimenters do, it is recommended to wear old and easy-to-clean clothes. We also recommend having all items laid out and ready to use, so that it won't become necessary to go and look for something in the middle of an experiment. Because this kit was designed for young researchers, the descriptions and explanations have been kept as short and simple as possible.

2000

Before starting an experiment, look at each step together with your child so that he or she will understand what is going to be done during the experiment. According to their interest in science and curiosity level, children may continue to experiment according to the suggestions for additional experiments given, and also try out their own ideas. Encourage them to explore their innate sense of curiosity.

We wish you lots of fun and successful experiments!

#### >>> KIT CONTENTS



#### Checklist: Find – Inspect – Check off

~	No.	Description	Quantity	Item No.	V	No.	Description	Quantity	Item No.
0	1	Paper sheets	1	703 545	Ο	15	Paper bag	3	700 083
		(1 sheet for cutting a 2 sheets for airplane	na s)	705 710 705 711	Ο	16	Paper clip	2	020 040
0	2	Die-cut cardboard	. 1	715 738	Ο	17	Suction cup	1	700 181
ŏ	3	Garden cress seeds	1	705 133	Ο	18	Blotting paper	1	000 569
$\overline{0}$	4	Plastic dish	1	702 184	Ο	19	Soap bubble ring	1	000 583
		(2 halves)			Ο	20	Modeling clay	1	000 588
0	5	Magnifying glass	1	311 137	Ο	21	Wool thread	1	702 751
0	6	Flexible straw	2	705 249	Ο	22	Small polystyrene	1	700 633
0	7	Straw	6	707 779	_		soap boat		
$\overline{O}$	8	Clay pot	1	121 816	$\overline{\mathbf{O}}$	23	Pipette	2	232 134
$\overline{O}$	9	Plastic bag	1	703 547	$\overline{O}$	24	Measuring cup	2	061 150
$\overline{O}$	10	Disk/Spinning top	1	703 548	0	25	Measuring cup lid	2	061 160
$\overline{\mathbf{O}}$	11	Sundial	1	259 181	0	26	Round filter paper	12	702 842
0	12	Plastic stick	1	700 401	O 27	27	Polystyrene air-cushion boat and polystyrene disk	1	700 088
0	13	Rubber band	5	161 412					
0	14	Polystyrene ball	1	700 080	0	28	Funnel	1	700 364

» Please do a preliminary review of the parts list and check to make sure that all of the correct materials are included in the kit.

»» If you are missing any parts, please contact Thames & Kosmos customer service.

You will also need: Paper towels, water, toy block, plant parts, trowel, scissors, potted plant, string, confetti or tiny paper pieces, wool cloth, glue, glass bowl, sugar, soap flakes or bar of soap, drinking glass, soup bowl, saucer, ballpoint pens, markers, crayons, vegetable oil, ink, white paper, desk pad or blotter, small pieces of paper, teaspoon, tablespoon, pepper, salt, dish detergent

#### **Stepping into Science**

#### >>> TABLE OF CONTENTS

A Word to Parents	1
Kit Contents	2
Table of Contents	3



Experiments in Physics ...... 12 Optical illusions, a confetti magnet, and a sundial.

Experiments in Air ...... 22 Air currents, air cushions, and popping bags.



Experiments in

and secret messages.

#### Experiments in Chemistry ...... 40



Experiments with soapy solutions, evaporation, and colorful concoctions.

#### **Dear Kids!**

Do you want to explore the wonders of the natural world, learn about plants, experiment with air and water, watch clouds form, and make colorful concoctions? Then let's get going and start in on the awesome experiments in this kit!

Your parents will be happy to help you gather the extra things you might need for each experiment, perform each step of the experiment, and read the explanations afterward. Make sure you follow the instructions closely. Don't be frustrated if something doesn't work as expected: That is an important part of science!

Let's start our experiments by sprouting some cress seeds! Have fun!

## Experiments in Nature

#### **Experiments in Nature**

Four or five pieces of paper towel

#### **EXPERIMENT 1**

#### The cress garden

#### **YOU WILL NEED**







Tear off a few pieces of paper towel that are about the size of the plastic dish.

#### WHAT'S HAPPENING

2

As long as the garden cress seeds are dry, they do not germinate, or start to grow. Only when they come in contact with water will the seeds swell and begin to grow. After about three days, you will see tiny sprouts.

Continue to experiment! At a greenhouse or garden store, get some more seeds, such as radish or bean seeds. Sprout these as you did the garden cress. Observe with the magnifying glass whether they germinate and whether they grow faster or slower.





1

#### Weather station

**YOU WILL NEED** 



- + Hand mirror
- + Sheet of white paper
- + Crayon or colored pencil
- + Desk pad or blotter

**Bonus Experiment:** 

Point the hour hand of a watch toward the sun. Hold it in place and imagine a line that is exactly between the 12 o'clock mark and the hour hand. This line points out of the watch center, toward the south.

Tip! Ask your parents to point out the directions or ask them for a compass.

#### WHAT'S HAPPENING

Reflected in the mirror, you can watch how the clouds move across the sky. Draw an arrow in the direction in which they are moving. Most often, winds come from the west, so the arrow usually points to the east.

Align the compass rose to the north.

#### What are the different types of clouds?



Small, high, fleecy clouds called **cirrocumulus clouds** often announce a change in the weather.



**Rain clouds** are dark and usually cover the entire sky. They usually mean that a long-lasting rain is ahead.



In big, fluffy **cumulus clouds** you can see the most beautiful shapes!



**Contrails** are formed when the water vapor from aircraft emissions freezes into ice crystals.



The larger the towering anvil-shaped **storm cloud**, the more violent the storm.



What is it like to be inside a cloud? See for yourself! Next time there is **fog** or **mist** outside, stand in it. Fog and mist are just clouds that are at ground level.



#### WHAT'S HAPPENING

Fired clay is not a totally solid material. It has numerous small holes, almost like a sponge only the holes are much smaller. In these tiny holes, the water can slowly creep upwards because it will fill small openings even when they are above the water surface. The water adheres to the holes like glue and does not flow down again. This characteristic makes clay ideal for flowerpots. Continue to experiment! Repeat the experiment with a large flowerpot that you put in a bowl. Observe how long the water takes to reach the upper edge.

#### **EXPERIMENT 4**

#### Plants also sweat

**YOU WILL NEED** 

#### HouseplantString



Continue to experiment! Repeat the experiment in the garden, for example with a leaf or branch from a hedge or bush. The leaf of a sunflower also works well for this experiment.



Be sure not to break any parts of the plant.

#### WHAT'S HAPPENING

After some time the bag will fog up. Small water droplets will form. Depending on the time of year and the plant, this can take up to a couple of hours.

People and animals aren't the only living things that sweat: plants sweat too! With their roots, they absorb water from the soil. They expel the excess water into the air. This happens through tiny openings on the underside of the leaves. The plant needs the water to transport and distribute nourishment to the entire plant.



After about one week small shots will begin to grow from the root cuttings, which you can see with the magnifying glass.

example, the cut-off top from a carrot. Ask your parents which

plants you can use for this.

CHECK IT OUT

#### Seeds ...

... contain all the important nourishment that young plants need in order to start growing. They get everything else they need from the water and the air. And later, once the roots have grown, the plant gets more nutrients from the soit.



#### **Shoots and Flowers**

Plants do not reproduce only through seeds, but also through other parts of plants and cuttings. Plants can develop from damaged shoots or flowers eaten by animals. This characteristic is very important for plants because they serve as food for many animals. Obviously they need fresh air, light, and fresh water to grow.

#### **GARDEN CRESS** ...

... is very healthy and contains many vitamins that we need daily. In addition, the young sprouts taste very good. Therefore, many people grow cress regularly to eat it in their salads.





## Experiments in Physics

#### **EXPERIMENT 6**

#### **Spinning colors**

**YOU WILL NEED** 





Continue to experiment! Repeat the experiment with disks you have cut out and colored yourself. What happens when you make the disk blue and yellow?

#### WHAT'S HAPPENING

When spinning, the different colors can no longer be distinguished. They merge into a gray, almost white color. White is a mixture of all colors even though it may not seem so to us. One could also say that all colors are contained in white light. With the color wheel, it is really your eyes that are observing the change in color, because they cannot follow the fast-spinning top, rather than the object actually changing color itself.



#### The magnifying glass

#### **YOU WILL NEED**







1

- + Postage stamp
- 🕇 Dust
- 🕇 Coin
- + Carpet fibers
- 🕇 Glue
- + Tiny bug (e.g. lady bug)







Catch the bugs very carefully. Do not hurt them. Let them out again at the same spot after you have observed them.



#### WHAT'S HAPPENING

Thanks to the magnifying glass everything looks larger so that you can observe things better and more accurately. In fact, everything looks twice as large. The beaker makes sure that the small critters do not run away while you are looking at them.

Continue to experiment! Check if other items made of glass or transparent plastic work like a magnifying glass. For example, the bottom of a drinking glass or a water drop that you put on a piece of plastic wrap.



#### WHAT'S HAPPENING

As if pulled by a magic force, the paper pieces fly onto the rod. When you rub the plastic rod with the wool fabric, the rod is charged with electrostatic energy. This works like a magnet although the energy does not attract things made of iron like a magnet does. It attracts paper, hair, and other very light things that have an opposite electrostatic charge. Continue to experiment! Find someone who has long hair. Put the charged rod near their hair and watch what happens. Hair is also attracted by the rod.

#### **Experiments in Physics**



#### WHAT'S HAPPENING

When you hold the rod slightly above this mixture, the lighter pepper is attracted first while the heavier salt initially remains on the table. This is because gravity has a stronger pull on the heavier objects to oppose the force of the electrostatic attraction.



#### The sun dial

#### **YOU WILL NEED**









Continue to experiment! With the help of a large rod or stick and a smooth surface in the garden or sandbox, try to make a large sun dial. For each half and full hour, draw a line in the ground where the shadow of the rod falls.

#### WHAT'S HAPPENING

You have made a sundial and set the time. From now on you can read the time on your sundial. Because Earth turns around its own axis, it appears to us as if the sun turns around Earth. The shadow cast by the obelisk will therefore wander across the sundial. It is the hand of the sundial. But the sundial only works in nice weather and only from morning until night. Also don't forget that in the spring and summer we have daylight saving time. In the summer when your watch shows 12, the time according to the position of the sun is only 11 o'clock.

#### CHECK IT OUT



#### **Introducing Your Child to the Scientific Method**

This kit is designed to introduce children not only to the various scientific principles demonstrated by each experiment, but also to the process of scientific experimentation itself. The scientific method is the process that scientists use to answer questions. It consists of the following basic steps:

**Observation** – A question or problem that arises from observations and research. Why does a particular phenomenon occur?

**Hypothesis** – The hypothesis is an explanation for the observation that has yet to be proven. It is an educated guess as to why something happens.

**Experimentation** – Experimentation is the process by which the hypothesis is tested, to see if it is right or wrong. Logical reasoning is used to analyze the results of experiments.

**Conclusion** – The conclusion is a statement of the results of experiments, and whether they prove or disprove the hypothesis.

**Repetition** – Often experimentation does not result in a definitive answer, and thus the process must be repeated to refine the hypothesis or test a new hypothesis.

For each experiment you do with your child, try to incorporate the scientific method into your dialog with the child:

1. While preparing an experiment, ask your child what they think the parts might be used for and what the parts remind them of.

2. After preparing and experiment, but before actually conducting the experiment, ask your child what they think will happen during the experiment. In a sense, you are asking them to come up with a hypothesis.

3. After the experiment, ask them what they observed and how it was similar or different to their hypothesis.

4. Finally, ask them to come up with a conclusion based on the experiment, and discuss with them any ideas they might have for additional experiments which might relate to the experiment.



Continue to experiment! Cut a piece of cardboard into a suitable size. Make two holes in it and repeat the experiment with a drawing of yourself or a photograph that you cut in half at the middle. Notice carefully how the two half pictures must be arranged on a cardboard piece.

#### CHECK IT OUT

#### Larger than Life

All objects reflect light rays that first come from the sun or another light source. Some of these light rays travel to your eye. Your eyes sense the light. This is how you can see an object. When the light rays pass through a magnifying glass, they are bent and pulled apart a bit. Thus, the object appears larger than it actually is.



#### A Blockbuster is Produced

The human eye is fairly slow. It stores each picture that it sees for a short period. In the previous experiment, the cardboard oval with the soccer player turns so rapidly that the eye still has one half stored while it already sees the next half. Inside our head the picture of a full soccer player is now formed from the two halves. We see a movie in the same way; Each second, the human eye sees 25 or so individual pictures that are put together inside our head into a continuous movement.



## Experiments with Air

#### **EXPERIMENT 12**

#### The floating ball

#### **YOU WILL NEED**



2

3



When you blow powerfully into the straw, the foam ball begins to float. The ball is so light that it can be supported by the flow of air. This airflow surrounds the ball on all sides and makes sure that it rides in the middle of the air stream. This, however, works only with a ball. Other shapes are not surrounded uniformly by the flow of air and will fall down.





Continue to experiment! Ask your parents if they will carry out this experiment with you using a hairdryer, with the heat turned off. Now the flow of air comes automatically, and you can try to make several different items float in the air.

#### **Experiments with Air**



#### WHAT'S HAPPENING

The bag bursts with a loud bang. When you hit the inflated paper bag, you compress the air in the bag. Because the bag is not elastic, the air has no place to go. Therefore it rips the bag and the air escapes. The ripping bag and the suddenly escaping air cause the bursting sound. A squishy rubber beach ball, on the other hand, is elastic, so it won't pop when you hit it.





#### The hovercraft

**YOU WILL NEED** 

+ 3 small pieces of paper+ Pin



#### WHAT'S HAPPENING

The hole is slightly

smaller than the funnel, so slowly and carefully twist the funnel into the hole.

When air passes through the funnel, there is more air under the boat. This increases the air pressure there. The air tries to escape. It flows in all directions and lifts the boat a small amount causing the boat to float.

#### Can you control the direction?

Continue to experiment! Play this game with your friends: Set up a course for your hovercraft to follow and time each other to see how long it takes to complete the course. Whoever completes it the fastest is the winner!



#### **Experiments with Air**

# EXPERIMENT 15





#### WHAT'S HAPPENING

When you grab the glider at the tail between your thumb and index finger, and throw it gently forward into the air, it glides through the air like a real airplane. After a couple of tries, you will get the hang of throwing it.





Airplanes fly because their wings have a special shape, called an airfoil. The shape ensures that the air through which the wing moves must travel different distances above and below the wing. The distance the air travels above the wing is longer than the distance it travels below the wing. This makes the air above the wing slightly less dense, which creates a slightly lower pressure that pulls the wing upward. This only happens when the wing is moving forward fast enough.

#### **Experiments with Air**

#### **EXPERIMENT 17**

### The bellowing elephant

**YOU WILL NEED** 



+ Scissors

2

1



Continue to experiment! Repeat the experiment with other materials, such as with a piece of foil or a piece of cardboard of the same size. Does the experiment work?

#### WHAT'S HAPPENING

When you blow into the straw, the air flows very quickly between the disk and the piece of paper. The air pressure between the disk and the paper decreases and the paper is sucked up toward the disk. Hold the disk very closely over the paper!





Ask your parents which surfaces in the house you can test out the suction cup on.

Tip! It works best if you moisten the suction cup first with some water.

#### WHAT'S HAPPENING

2

When you press the suction cup onto a surface, some air escapes from the cavity on the underside. This creates a small space in which there is less air than there was before. Therefore, there is a lower air pressure than on the outside of the suction cup. Or said another way: There is a higher air pressure outside than in the cavity of the suction cup. This higher air pressure presses the suction cup to the surface. If, however, air seeps into the cavity, the air pressure is equalized and the suction cup loosens.

#### **Experiments with Air**

#### CHECK IT OUT



#### **More Airplanes**

There are many ways to fold paper airplanes. Can you think up other designs? You could ask your family members for their best paper airplane designs. Test out which aircraft flies at best. You can also try making the same plane in different types of paper or even thin cardboard.



Try sticking the suction cup to rough surfaces. You will see that on rough or porous surfaces the suction cup cannot hold on because it cannot make an airtight seal. A lower air pressure cannot be created in the cavity. You can also test to see how much weight the suction cup will hold. Can it hold up a hanger with an item of clothing on it?



## Experiments with Water





#### WHAT'S HAPPENING

After a short time, the blotting paper swells with water and sinks. But the paper clip remains floating on the surface. If it does not work the first time, try it again. Continue to experiment! Repeat the experiment with other lightweight items, such as a blunt sewing needle or a strip of aluminum foil.



Continue to experiment! Make a lot of small balls from the large one and try to load the boat. How many balls can it carry before it sinks?

ball sinks immediately. The

important factor is not the

weight but the shape.

#### **Experiments with Water**

#### **EXPERIMENT 21**

#### The string pipe

#### **YOU WILL NEED**



Building block
Scissors
Water

#### WHAT'S HAPPENING

After a little while, water slowly flows through the string from the full cup into the empty cup. Between the string's fibers there is air, like in a sponge. These spaces fill up with water. When the string has filled entirely, water begins to drip out of its lower end. As additional water flows in from above, the small water pipe continues to run.





Continue to experiment! You can use the water pipe to supply water to

Make sure that the water cup is always higher than the flowerpot.

your flowers in the windowsill. Find out what happens if the measuring cup and flower pot are at the same elevation.







#### **Experiments with Water**





Now try it with the funnel. What makes the nicest bubbles?



#### WHAT'S HAPPENING

Sugar and soap make water into a tough solution. You pick up a film of this solution with the straw, ring, and funnel. When you blow air into it, the film stretches and forms a bubble, which encloses the air blown into it. Because the air pressure inside the bubble is slightly higher than outside, the bubble remains round and stable. The bubble bursts when it gets a hole in it.

Continue to experiment! While a soap bubble is floating in the air, try to stick the straw into it and blow a second soap bubble inside the first.



Tip! Throw the dry piece of paper away and place the wet one in the sun or on a radiator to dry out.



Continue to experiment! Repeat the experiment with different kinds of paper. Find out which is best for this type of secret writing.

#### WHAT'S HAPPENING

The fibers in the wet paper are compressed by the pen. When the paper is dry, these places can no longer be seen. Only when you dunk the paper into water will the writing become visible again. This makes the paper transparent to light except at the compressed spots of your secret message.

#### **CHECK IT OUT**

#### **Floating iron**

A ship has thin walls and is hollow inside, so it displaces a volume of water that weighs more than its own weight. An entire ship made of heavy iron with air inside of it is lighter than the water and is therefore able to float on top of it.



#### **THE WATER'S SKIN**

Water forms a kind of skin on its surface. This skin is also called "surface tension" and keeps the water together fairly well; at least so well that small, lightweight things do not sink. This surface tension is used by water bugs that can walk on the surface of water. You can observe these insects on a pond or slow stream.



## Experiments in Chemistry



#### **Experiments in Chemistry**



#### WHAT'S HAPPENING

When you dip the soap-tipped wand into the water, the boat suddenly begins to move, as if by magic. The soap disturbs this surface tension. This puts the water at the surface into motion, and as it flows around it takes the boat along with it.



#### WHAT'S HAPPENING

After a short while, the two liquids will separate again with the oil floating on top of the water. Water and oil repel each other. You could say they don't like each other! This is why it is so difficult to wash oil off with water.

#### **Experiments in Chemistry**



#### WHAT'S HAPPENING

Watch the liquid you shook up. It is a cloudy, milky mixture that does not separate again in water and oil as in the previous experiment. This is caused by a special chemical property of the dish detergent.



#### **Experiments in Chemistry**



Continue to experiment! Repeat the experiment, but this time with two sugar cubes. Add different colors to each cube. This will create a wonderful two-colored star. You will get a large star when you try the experiment on a flat dinner plate.



#### **One final experiment:**

Color the filter paper with different colors! Also try different patterns or lots of colors at the same time. You can also color in the whole paper. You will get another little piece of abstract art each time. Tip! You can also drop colored water onto the center of the filter paper with a pipette and watch the changing patterns of the gradients.

#### **Experiments in Chemistry**

#### **CHECK IT OUT**



#### SALT AND WATER

Water consists of tiny parts that can be absorbed by the air. This is why water evaporates. This happens wherever water comes in contact with air: for example, on the wet pieces of Laundry on the drying line or in a puddle of water. Salt can be completely dissolved in water. It doesn't disappear though. It will show up again as crystals when the water evaporates.



#### **Color Theory**

By mixing different colors you can create new colors. This is illustrated by the three primary colors: blue, red, and yellow. Look at the picture of the colored circles below and try to solve



the tasks to the right by using markers to fill in the white space with the color that would result from mixing the two colors shown.



#### CHECK IT OUT

#### **SOAP** ...

... is available in solid or in liquid form. Your parents use different soaps to wash dirty clothes, to clean different surfaces in your home, to wash their hair, and of course you can wash yourself with it! Soap can be a lot of fun, especially when it foams up in the bathtub. Foam is made of lots of tiny soap bubbles like the ones you made in your experiments.



#### **Making Friends**

Water and oil don't mix. Despite this, how can you use water to wash oil and fat off pots and plates? Very simply, you use an agent that "makes friends" of the two liquids. This agent is soap. It allows the blending of water and oil, because a single soap particle has both a "water-loving" and an "oil-loving" side.

#### 💋 Making Soap

Ask your parents to help you collect the small leftover bits of bathing soap bars. Shave them down into tiny bits and then press them all together to form a brand new bar of soap, in whatever shape you want!



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2nd Edition 2014

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Manual layout and illustrations: komuniki – Michael Schlegel, Würzburg; Andrea Mangold, München

Packaging design concept and layout: Peter Schmidt Group GmbH, Hamburg

Packaging illustrations: Andrea Mangold, München Manual photos: abcmedia p.40 l (sugar): Alekss, p. 1 tl, 12 (beetle); Anna Khomulo, p. 40 b (foam): Anterovium p.22 (balloons); blende40, p. 11 tr; Carola Schubbel, U2 (pots), p. 4 (pots), 11 l; ChaotiC\_Photography, p. 3 tli, 12 (boy); Claudia Paulussen, p. 4 (girl); dd, p. 1 br, 32 bl (boat); erico, p. 12 (magnifying glass); focus finder, p. 39 b; frank peters: p. 3 br, 40 (test tubes); Inge Knol, p. 48 l; Jose Vida, p. 3 bl, 32 (bubbles); K.-U. Häßler, p. 4 (cress), 21; macroart, p. 1 or, 4 (sheet); Maxim Malevich, p. 48 tr; Michael Flippo, p. 47 tr; Monia, p. 22 (girl); picsfive, p. 12 (hands); reinobjektiv, p. 32 br (faucet); rotoGraphics, p. 22 br (straus); Sander, p. 32 tr (bad1); Sascha Burkard, p. 39 t; seen, p. 47 tl; Thomas Graf, p. 32 b (mineral water); unpict, p. 11 br; Valentina Rusinova, p. 12 (sun); valiantmind, p. 30/31 (fish); vesnanonstop, p. 48 br; Viola Joyner, U2 (straus), p. TMg, p. 47 br (© Wikipedia, CC-BY-SA-2.5); pro-studios, Michael Flaig, Stuttgart, p. 2 (contents). Packaging photos: pro-studios, Michael Flaig, Stuttgart.

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Additional Graphics and Layout: Dan Freitas

Distributed in North America by Thames & Kosmos, LLC. Providence, RI 02903 Phone: 800-587-2872; Web: www.thamesandkosmos.com

Distributed in United Kingdom by Thames & Kosmos UK, LP. Goudhurst, Kent TN17 2QZ Phone: 01580 212000; Web: www.thamesandkosmos.co.uk

We reserve the right to make technical changes.

Printed in Germany / Imprimé en Allemagne

